



December 2016

## Greetings!

During this season of giving, *we* would like to give thanks to those who represent our brand each and every moment throughout the year: our talented Training Clinic Team!

This year we posed the following to our amazing, creative team:

*For this holiday season, I would like to give you the gift of.....*

## Sicilian ToTo Cookies

This November my daughter, Francesca, married the most wonderful young man! During the reception they visited each table with a tray of Italian cookies (my sisters and I made 900 in all!) The tray carrying these goodies was grandmother's and both my

Their heartfelt responses below are just some of the many reasons we love them dearly.

Also, back by popular demand, we have another one of Maria's Italian cookie recipes for you to try, so grab a cup of hot cocoa and read on!

## Jean Barbazette Founder, Southern CA

*For this holiday season, I would like to give you the gift of wellness and work/life balance. When we restore balance in our lives, we see what is really important to ourselves and our families. Be well and look for the change to help others attain that balance.*



## Wayne Coleman Stone Mountain, GA

*For this holiday season, I would like to give you the gift of "How to...", more specifically how to help you help your people through more effective training and facilitation skills. It's what we do!*



## Colleen Dill Columbus, OH

*For this holiday season I would like to give you the gift of family warmth and love throughout the year.*



## Linda Ernst Southern CA

*For this holiday season, I would like to give you the gift of ...warm friendships, meaningful work, joy and peace for all.*



mom and I used at our weddings!

The favorite cookie of the night was the Sicilian toto! These are also my favorite - my grandmother used to make during the holidays. And I have fond memories of helping her in the kitchen.

They are somewhat deceptive for they look very sweet. However, they are much more on the spicy side with wonderful taste of cloves, ginger and cinnamon with just a hint of coco. I describe them as the taste of the holidays in a cookie!

So please enjoy making these with your family this holiday season and create some memories of your own!

### COOKIES

3 3/4 C flour  
1 C Sugar  
1/2 C Coco  
1 tsp. Cinnamon  
1 tsp. Baking soda  
1 tsp. Cloves  
1 tsp. Ginger  
1 tsp. Vanilla extract  
1 tsp. Lemon extract  
1/2 C Crisco shortening  
1/2 C Olive oil  
1/4 C Honey  
1/2 C Milk  
2 eggs  
1 C Raisins  
1 C Walnuts, chopped

Beat Crisco, sugar, eggs until creamy.

Add milk, honey, oil, vanilla and lemon extract.

In a separate bowl, mix flour, coco and spices and then add to the Crisco mixture.

Beat or blend until you can't

## Dianne Faieta Northern CA

*For this holiday season, I would like to give you the gift of EAR--Empathy, Attention, Respect.*



## Chris Kidder Southern CA

*For this holiday season, I would like to give you the gift of a prosperous 2017 filled with inspiration, joy and good health*



## Adrienne Kirkeby Southern CA

*For this holiday season, I would give you the gift of curiosity and the fun of learning new things. JOY to everyone.*



## Jovie Masters Dallas Fort Worth, TX

*For this holiday season, I would like to give you the gift of HOPE for PEACE on EARTH!*



## Tacy Riehm Southern CA

*For this holiday season, I would like to give you the gift of a renewed sense of focus and fun.*



beat any more and then mix by hand.

Add raisins.

Coat hands with olive oil and form the dough into small balls. Place on cookie sheets.

Bake at 350° for 10 minutes.

### GLAZE

2 C Powdered sugar  
1/4 C milk  
1 tsp vanilla

Mix and then roll cookies in glaze and set on parchment/wax paper to dry.

Serve alone or with your favorite holiday beverage!

***Buon Appetite!***



## Elaine Slonina Atlanta, GA

*For this holiday season, I would like to give you the gift of wise leadership, employee commitment, and prosperity for all!*



## Dana Smith Washington, DC Metro

*For this holiday season, I would like to give you the gift of joy in your family, satisfaction in your work, and moments of tranquility.*



*For this holiday season we would like to give you the gift of forever being part of our Training Clinic family! Your continued trust and support in choosing The Training Clinic as your development partner is what **we** cherish and honor each and every day of the year.*

*Wishing you a blessed and peaceful holiday season filled with family, friends, love, and a bit of magic!*



*Maria & Melissa*

Managing Partners  
The Training Clinic



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